



CHIJ (Katong) Primary School
Primary 1 Orientation
17 November 2023





Our School Leaders

Mrs. Mischa Simon
Principal

Mrs. Joycelyn Tan
Vice-Principal (Academic)

Mr. William Ong
Vice-Principal (Admin)





Our CHIJ Journey

- ❑ Influenced a small group of young women to first accept to live a life with Jesus
- ❑ “Instruct, educate and form” the young,
- ❑ The poor and deprived children in France.
- ❑ They had the spirit of Jesus, whom God had given to the world.



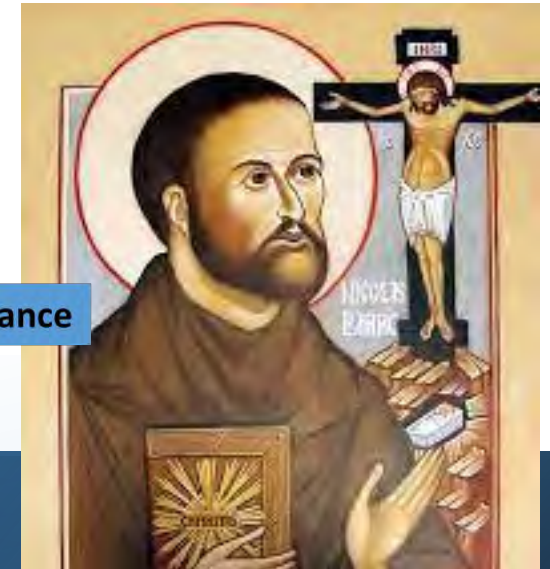
Lack of education for girls



Poor houses in France

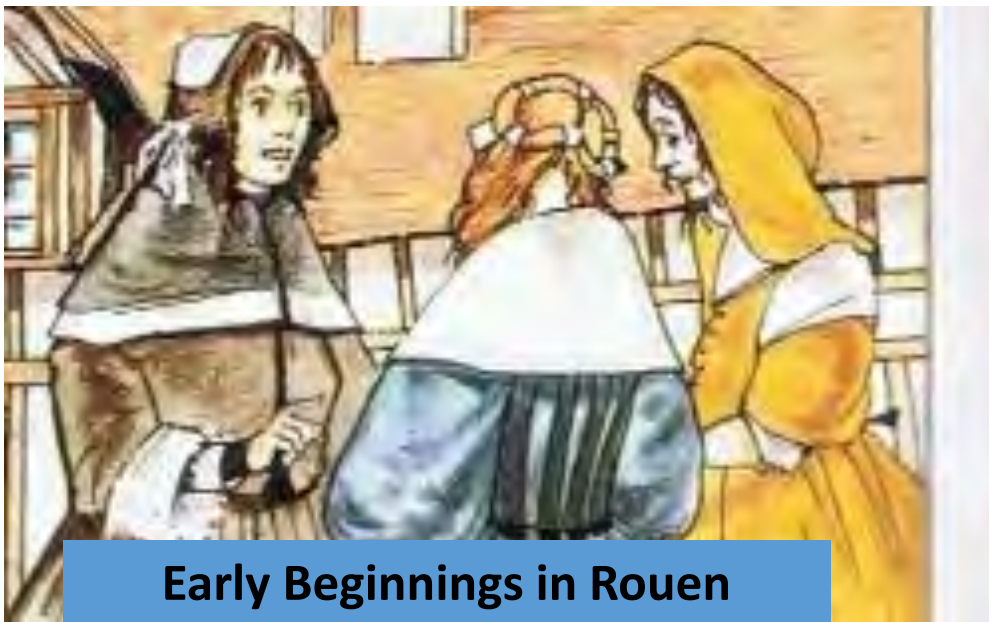


Lives of the poor in France



Our Founder, Blessed Nicolas Barre

- ❑ Simple rule of life for them in “Statutes and Rules” (1677).
- ❑ A way of life to live together in community.
- ❑ This was the first call to community and this is the same call we are continuing within our schools.
- ❑ Christ-centred community we see in our schools, where all work together for the promotion of truth, justice, freedom and love.



Early Beginnings in Rouen
The Little Schools

Our CHIJ Mission



A **Christ-centred community** where all work together for the promotion of **truth, justice, freedom and love**, with special reference to the needs of the persons who are **disadvantaged** in any way.



The Mother House in Paris

Our CHIJ Journey

Infant Jesus Sisters' Mission



Arrival of IJ Sisters in the Far East



IJ sisters boarding a ship heading eastward

The first group of IJ Sisters arrived in **Penang in October 1852.**



Set up first CHIJ School at Caldwell House, (CHIJMES) Victoria Street



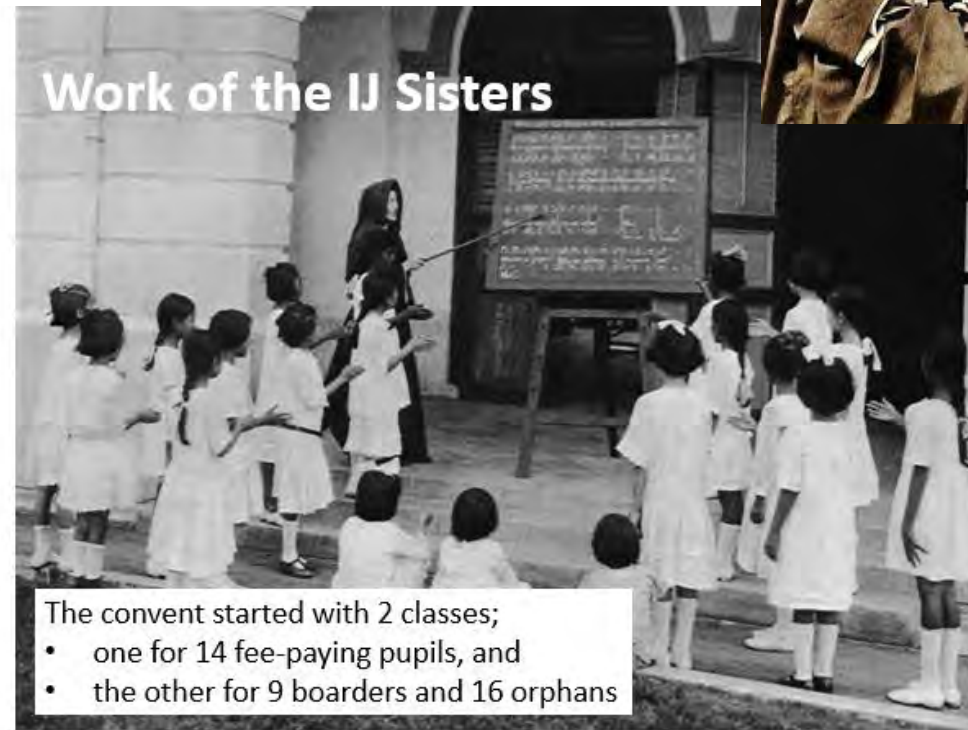
- ❑ Form a **community of young women for mission.**
- ❑ For Blessed Nicolas Barre, the Institute of the Infant Jesus sisters had **its origin in the very heart of God.**
- ❑ God's call to commit themselves in mission, **giving their services freely and out of pure love to the persons entrusted to their care**
- ❑ Form a **Christ centred community** as the inspiration of their lives of commitment.



The girls and orphans at CHIJ Victoria Street.



Gate of Hope



The convent started with 2 classes;
• one for 14 fee-paying pupils, and
• the other for 9 boarders and 16 orphans

MISSION OF CHIJ SCHOOLS:

1. CHIJ School is a Christ-centred school community where all work together for the promotion of truth, justice, freedom and love, with special reference to the needs of persons who are disadvantaged in any way.
2. An Inclusive Community that believes in the worth and dignity of each person.
3. Well – rounded education to all students.
4. Care and Concern for all.
5. Everyone's unique talents and potential are valued.



Our CHIJ Motto



In English:

Simple in Virtue
Steadfast in Duty

In French:

Simple Dans Ma Vertu
Forte Dans Mon Devoir

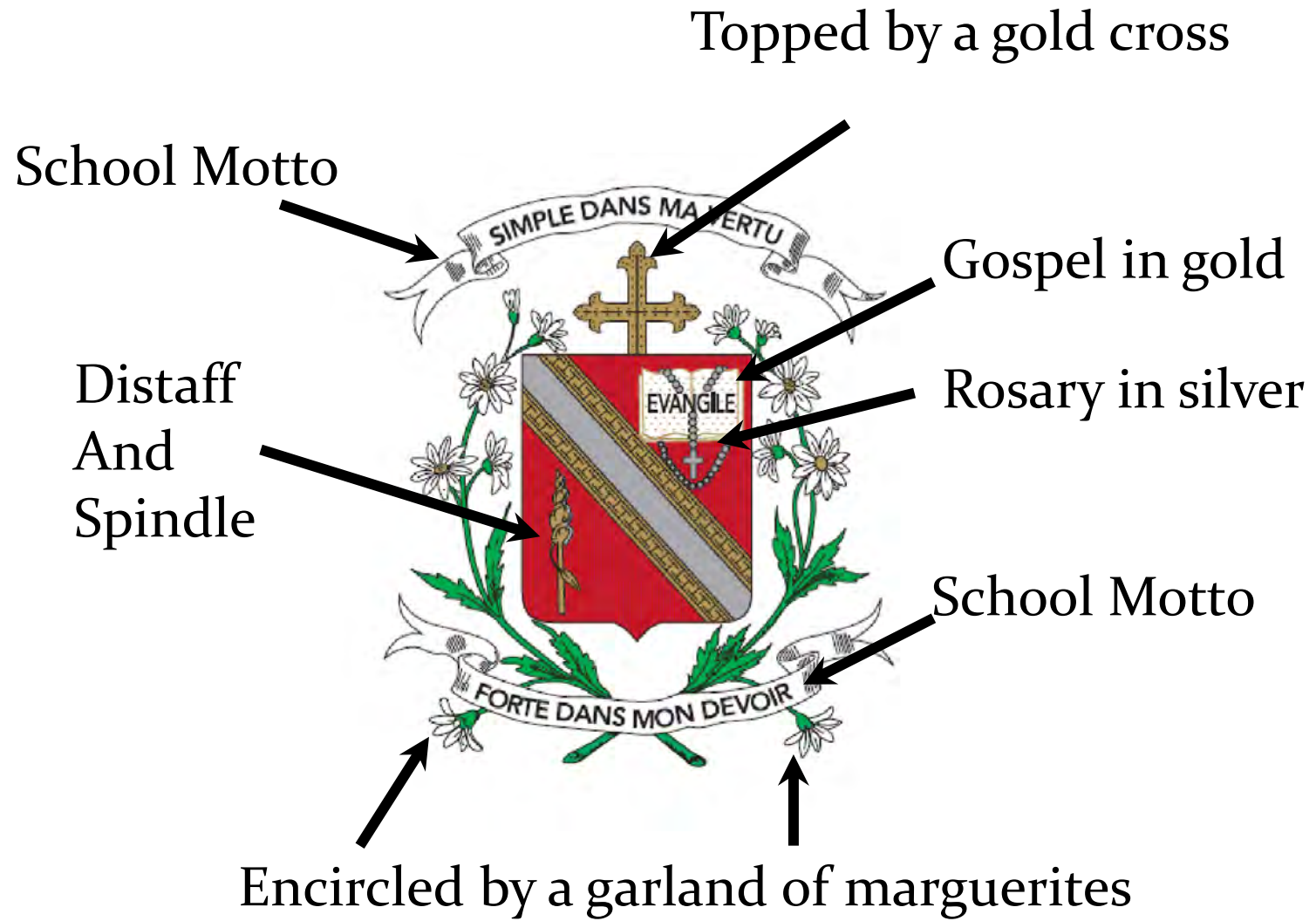


SIMPLE IN VIRTUE

- To be noble in character
inspired by a desire to live according to God's will

STEADFAST IN DUTY

- To show strength of character
in the commitment of service to others



Our School Crest



- The red shield symbolises the all-embracing message of love.
- The Cross is a reminder that the source of inspiration, dedication and fidelity comes from Christ.
- The open gospel and rosary express the foundation of faith lived out and the story of the gospel as seen through the eyes of the virgin Mary.
- The distaff and spindle are the symbols of womanly labour which remind us of the dignity of work.
- The marguerites are a symbol of purity and simplicity, characterizing our relationships at every level.

CHIJ (Katong)
Primary
Our Journey

Our School Theme

1. Being proud of who you are.
2. Building resilience and gratitude.
3. Building self – discipline.
4. Building a strong body and mind.



1. God and Prayer as anchors for challenging times
2. Gratitude
3. Service

1. To be of service to all especially the last, least and the lost.
2. To 'see' others and acknowledge the presence of everyone.
3. To support those in need, so that no one is ever alone.
4. To love and be responsible to the environment – class, level, school, home, community.

Our Vision

Our Virtues
Compassion,
Self-Discipline,
Integrity,
Respect.



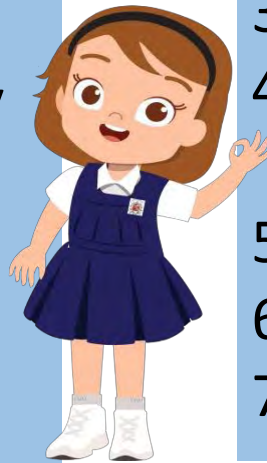
Our Motto
Simple in Virtue
Steadfast in Duty

**From Girls to Women of Grace and
Substance**

From Girls to Women of Grace and Substance

Grace

1. Simple in virtue
2. Noble in character and in accordance to God's will
3. Respectful of self and community
4. Confident
5. Eloquent
6. Poised and well – mannered



Substance

1. Steadfast in duty
2. Self – disciplined in the pursuit of knowledge
3. Intelligent
4. Intrinsically motivated to grow self and others
5. Compassionate and Empathetic
6. Principled in morals and values
7. Committed to serve

Authentic Learning
Experiences to
bring about the Joy
Of Learning

**ICT to develop self –
directed and
collaborative skills; as
well as to engage and
motivate.**

I BELIEVE I CAN!

Name: _____ Class: _____

Some of my best moments

I dare to try new thing because...

I have encouragement from my friends

I believe I can

I follow someone's example

Others

#Selfie
Capture your best moment here

I new thing I have tried

All our dreams can come true if we have the courage to pursue them.

WALT DISNEY

An Empowering Curriculum to develop resilient and future – ready learners.

I'M THANKFUL FOR MY JOURNEY AND I ASPIRE TO INSPIRE

I SHALL PERSEVERE AND TRY SOMETHING NEW

I'M NOT THERE YET BUT I'M STILL GROWING

I WILL TAKE THIS JOURNEY STEP BY STEP

I MAY BE SMALL BUT I HAVE POTENTIAL

GROWTH MINDSET
@ CHIJ (KATONG) PRIMARY

TERM 1 DARE TO DREAM

TERM 2 I BELIEVE I CAN

WE HAVE THE GROWTH MINDSET

TERM 3 I GROW FROM MY MISTAKES

TERM 4 I AM GRATEFUL FOR MY PAST, PRESENT & FUTURE

CHIJ (KATONG) PRIMARY

GROWTH MINDSET MATTERS
TERM 1/ 2023

Growth Mindset @ CHIJ (Katong) Primary

WHAT'S IN THIS ISSUE:

- Our Growth Mindset Mantras
- How can I help my child set effective goals?

I will be the best version of myself, pursuing my own definition of success, with confidence resilience and a Growth Mindset.

Everyone can learn anything, improve and achieve any goal with the effort and the right strategies.

Our Growth Mindset Mantras

Term 1 - I dare to dream

Term 2 - I believe I can

Term 3 - I grow from my mistakes

Term 4 - I am grateful for my past, present and future

PAGE 1

POWER OF YET

MY GOAL IS...

MI N D S E T

FIXED vs GROWTH

I CAN LEARN FROM MY MISTAKES

I CAN IMPROVE BY ASKING FOR HELP

I WILL NEVER GIVE UP

I AM GRATEFUL FOR MY PAST, PRESENT AND FUTURE

I CAN OVERCOME ANY CHALLENGE WITH MY GROWTH MINDSET



Community Student Leaders who actively contribute.

CHIJ (KCP) Girls who have a sense of pride for school and nation.

A CHRIST – centered community that embraces all.



Additional
Information and
Support for you



Ministry of Education
SINGAPORE

A GREAT START TO PRIMARY SCHOOL



OVERVIEW

1 What Is It Like in Primary School?

2 Transition to Primary 1



3 School-Home Partnership

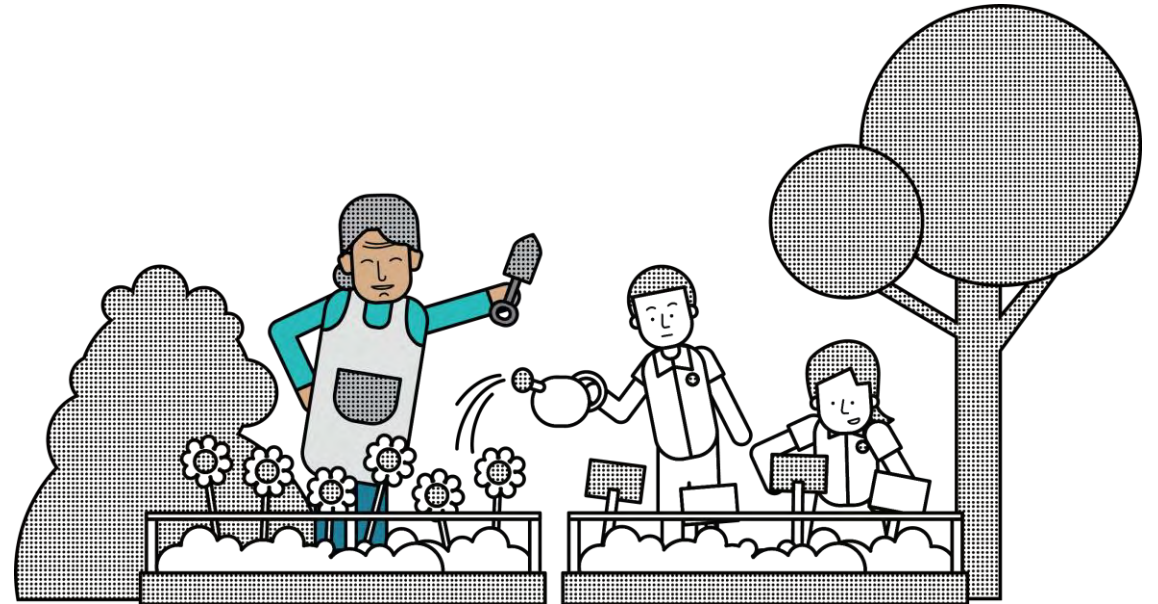
DEVELOPMENTS IN PRIMARY EDUCATION



Schools may access the video via:
<https://youtu.be/9paLbNR2zWg>

WHAT IS IT LIKE IN PRIMARY SCHOOL?

- Laying a strong foundation
- Nurturing well-rounded individuals and passionate lifelong learners
- Providing learning opportunities that recognise their strengths and develop their full potential
- Preparing our children for the future
- Providing a safe learning environment to support our children's well-being



WHAT EXPERIENCES WILL MY CHILD GO THROUGH IN PRIMARY 1?

Holistic Development

- Focuses on building greater confidence and nurturing a stronger intrinsic motivation to learn so as to develop your child's potential.
- Use of a range of assessment types to gather information to support students' learning.
- No examinations and weighted assessments at Primary 1 and Primary 2 to ease your child into formal schooling and to encourage the joy of learning.

TRANSITION TO PRIMARY 1

- **Transition is the process in which a child moves into a new environment**
- **For example, when a child moves from preschool to primary school, a child has to adapt to an unfamiliar setting**
- **A smooth transition occurs when your child:**
 - feels safe and comfortable in their new environment
 - is able to manage the daily challenges of school life
 - can reach out to teacher and/or peers for support when needed

TRANSITION TO PRIMARY 1

When your child enters primary school, their experience will include:



HOW CAN I PREPARE MY CHILD FOR PRIMARY 1?

In primary school, your child will be equipped with skills to:

- adjust to a larger learning environment
- interact with more peers and teachers
- adapt to longer school hours
- become more independent and responsible



Schools may access the video via:
<https://go.gov.sg/transition-to-primary1>

HOW CAN I SUPPORT MY CHILD THROUGH THE TRANSITION?

- **S**upport your child and encourage them to overcome challenges with you
- **A**ffirm your child by recognising small successes and praising their efforts
- **F**amiliarise your child by easing them into new routines and sharing with them your experiences in primary school
- **E**mpathise with and acknowledge your child's feelings



Supporting your child's transition through
Primary 1

Build a caring home environment to nurture the social and emotional skills of your child using these S.A.F.E. tips.

SUPPORT

- Commit some time every weekend to **play games** and **have fun** together.
- **Visit places** or take part in events that **both of you enjoy**.
- **Encourage** your child to make **new friends**.
- Try out **FTGP*** Family Time activities.

AFFIRM

- **Encourage** your child when he makes **observations**.
E.g. Say "That's interesting!" and ask why he/she said that.
- **Recognise small successes**. E.g. Say "You've made another new friend in class - well done!"

FAMILIARISE

- **Find out** what primary schools have in store for students these days.
- Do practical things to **ease your child into new routines**.
E.g. Plan daily routines together. Teach your child new habits like packing his/her bag.

EMPATHISE

- **Teach** your child words that **describe feelings**.
- **Acknowledge** your child's **emotions**.
E.g. "It's okay to feel anxious about starting school."
- **Understand** your child's **needs**. E.g. Start bedtime early. Children need a lot of sleep.

**Form Teacher Guidance Period*

Spend Time Chatting. Use T.A.D.

Talk	Ask	Discuss
Talk about fond memories of your own school days. E.g. What you did in Primary One; kind teachers and cheeky classmates you had.	Ask about his/her thoughts and feelings about the school. E.g. FTGP* activities; when he/she felt happiest.	Discuss together what can be done if he/she has worries at school. E.g. Explore how people deal with conflicts.

QUICK TIPS

- Listen without interrupting.
- Nod your head and **ask questions** to show interest and affirmation.

These tips may be used with children of other ages too, it depends on each child's needs. Using these tips as your child journey through the school years can help ease anxiety and worries, and build warmer and closer relationships at home.

Ministry of Education Singapore

WHAT DOES MY CHILD NEED AT PRIMARY 1?

NEW

Every child develops at a different pace. We will continue nurturing the knowledge, skills and dispositions that your child has developed at preschool:

Values, Social-Emotional Competencies, Citizenship Dispositions	<ul style="list-style-type: none"> • Understand and Care for Oneself • Show Care and Respect for Others • Make Responsible Decisions and Act on Them
Art	<ul style="list-style-type: none"> • Enjoy Participating in Art • Express Ideas and Feelings through Art • Demonstrate Awareness of Art from Different Cultural Groups
English Language	<ul style="list-style-type: none"> • Listen and Speak for Enjoyment and Information • Read with Enjoyment and Understanding • Communicate Ideas and Information through Writing or Using Symbols or Letter-Like Shapes
Mathematics	<ul style="list-style-type: none"> • Basic Understanding of Numbers Up To 10 • Recognise Simple Patterns • Compare Quantities Between Two Groups of Objects
Mother Tongue Languages	<ul style="list-style-type: none"> • Enjoy and Show an Interest in Learning Mother Tongue Language. • Enjoy and Show an Interest in Listening and Speaking in Mother Tongue Language. • Demonstrate Awareness of Local Ethnic Culture
Music	<ul style="list-style-type: none"> • Enjoy Participating in Music and Movement Activities • Express Ideas and Feelings through Music and Movement Activities • Demonstrate Awareness of Music and Movement from Different Cultural Groups
Physical Education	<ul style="list-style-type: none"> • Enjoy Physical Activities • Display Coordination in Motor Tasks • Demonstrate Awareness of Healthy Habits and Safety


SCHOOLBAG
THE EDUCATION NEWS SITE

HOME EDUCATION FEATURES TEACHERS' DIGEST MULTIMEDIA FAQ

Home > Put the books down! 6 skills your child really needs for P1

Put the books down! 6 skills your child really needs for P1

14 JUN 2021

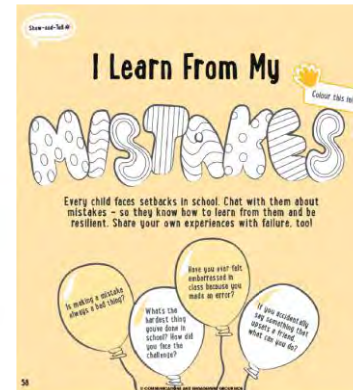


MOE Stock Image (*Photo taken before COVID-19)



WHAT DOES MY CHILD NEED AT PRIMARY 1?

- Learning at Primary 1 should be exciting and fun for your child.
- Some skills that parents can support children in developing are:
 - Relating to others
 - Developing good habits
 - Nurturing positive learning attitudes
 - Encouraging children to learn from their mistakes



Refer to Tip 6 of Parent-Child Activity Book for an activity to encourage children to learn from their mistakes.

RELATING TO OTHERS

Build your child's interpersonal skills by:

- modelling the use of friendly and polite phrases
 - “Hello! My name is...What is your name?”
 - “May I please...”
- providing opportunities for your child to share and take turns during playtime with other children



DEVELOPING GOOD HABITS

Routines help your child build confidence and learn to manage themselves.

Guide your child to do the following independently:

- Practise pre-bedtime routines to have at least 9 hours of sleep
- Dress themselves
- Buy food at the canteen
- Make healthy food choices
- Pack their bag
- Wash their hands
- Take their temperature using a thermometer



NURTURING POSITIVE LEARNING ATTITUDES

Developing the right learning attitude will help your child learn better.

You can encourage your child to:

- ask questions about their experiences and the world around them
- express their thoughts and feelings and discuss what can be done if they have worries
- practise life skills independently like buying food and drinks on their own, and asking for permission



SCHOOL-HOME PARTNERSHIP

Our children do best when schools and parents work hand in hand to support them.

Help your child succeed in life

Our children do best when schools and parents work hand in hand to support them. Here are some tips to make this happen...

Work with the school to know and support your child

- Have regular conversations with teachers in both academic and non-academic areas – this will help you better guide your child's development.
- Check the teachers' preferred mode of communication – they are not required to share their mobile numbers.
- Understand that teachers may not be able to respond to your queries immediately.

Help your child relate to others

- Work with the teachers to help your child respect differences and resolve disagreements amicably.
- Let the school verify the facts in any incident before taking action to ensure a fair, objective outcome for all parties.

Help your child develop good habits

- Create a conducive home environment for your child to enjoy reading and to finish his/her homework by himself/herself.
- Encourage your child to live a healthy, balanced life with time for sleep and play.

Help your child manage himself/herself

- Guide your child in managing his/her time.
- Encourage your child to help out with household chores.

Our children succeed when parents and schools work hand in hand.

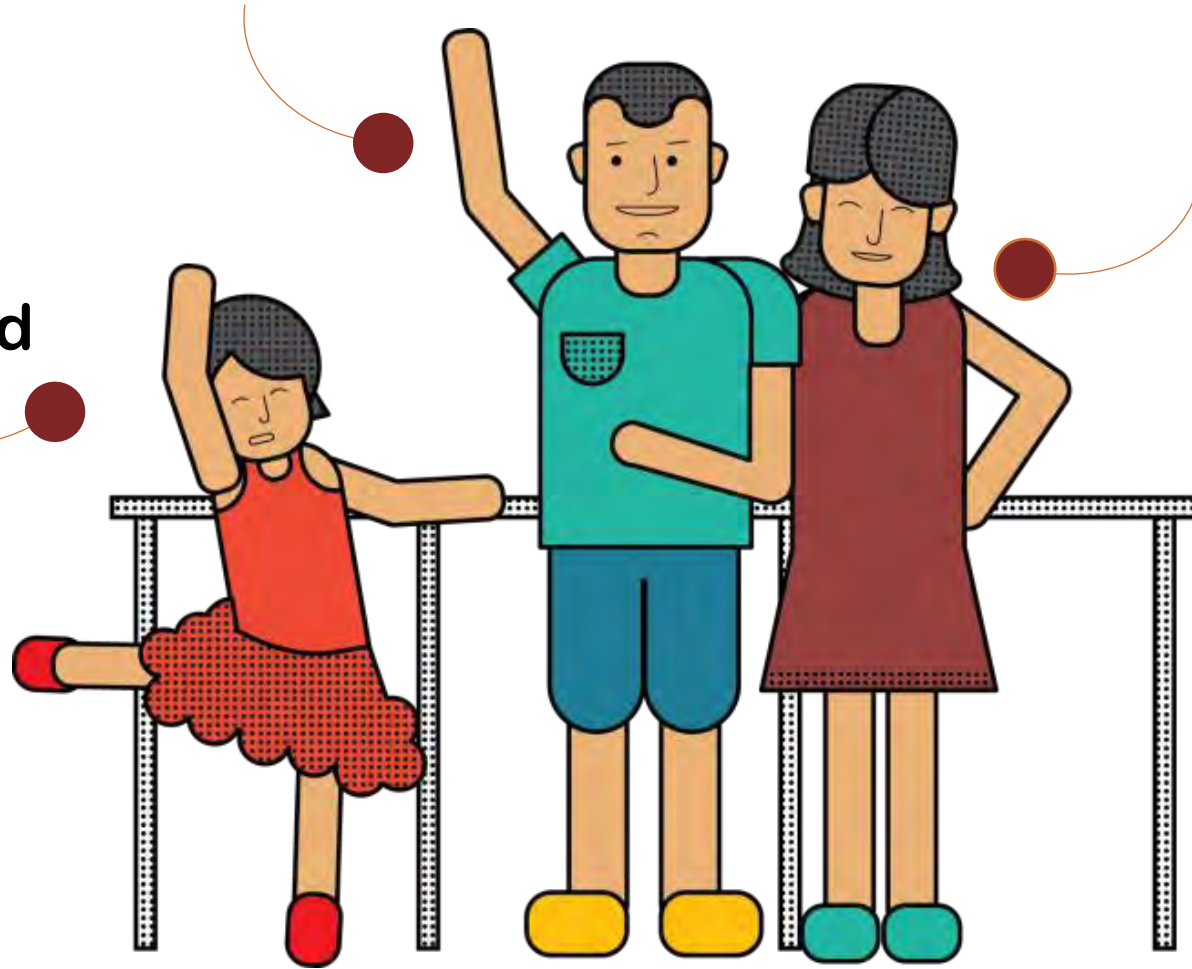
Ministry of Education
Singapore



SCHOOL-HOME PARTNERSHIP

2 Developing your child

1 Knowing your child



3 Building partnership with the school

KNOWING YOUR CHILD

Understand your child's strengths and interests.

- Work with your child's teachers to understand their strengths, interests and development in academic and non-academic areas
- Ask your child about their thoughts and feelings regarding school



DEVELOPING YOUR CHILD

Partner the school in the social-emotional learning and holistic development of your child.

- Allow your child to develop independence
- Encourage your child to participate in school activities
- Talk to your child regularly about values and nurture their interest in learning
- Affirm your child by recognising their efforts
- Teach your child effective ways to manage their challenges and stressors



Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.

BUILDING PARTNERSHIP WITH THE SCHOOL

Maintain regular communication through official school channels.

- Have regular conversations with teachers in both academic and non-academic areas - this will help you better guide your child's development
- Ask the teachers for the best way and time to contact them



SOME QUESTIONS YOU MAY HAVE...



Reading is a habit that we can build.

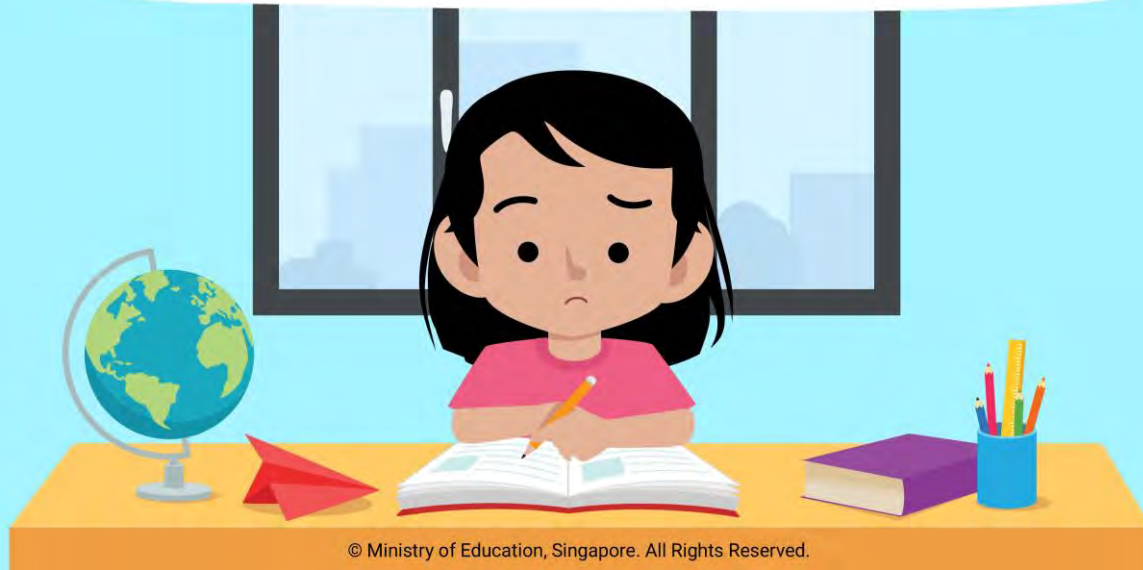
Interest your child in reading

- It is never too late to start getting your child interested in books
- Take your child to the library, expose them to various picture books and read together for a start
- Students will be introduced to various genres of books, and be taught how to blend letter sounds through games or craft work

You can encourage your child for any effort in learning to read. Most importantly, reading should be a fun learning process.

SOME QUESTIONS YOU MAY HAVE...

My child takes so long to complete her work. Will she fall behind?



Children pick up time management at a different pace and can improve with help.

Support your child in time management

- Parents can model this with your child at home with small tasks and everyday activities
- If you find your child struggling with completing their tasks or homework within a given time, it could also mean that they are not sure how to go about completing them
- If you notice any learning issues, do reach out to the school early

Be specific about how much time they should spend on the work, and what time they should complete the work.

SOME QUESTIONS YOU MAY HAVE...



Asking for help may not seem obvious to a child.

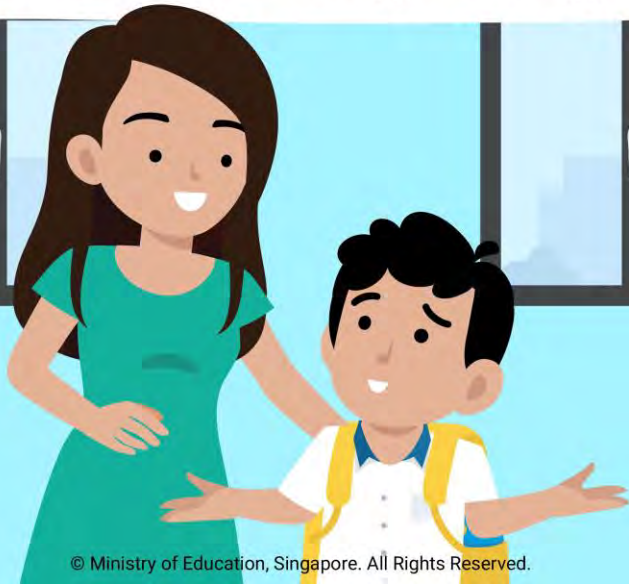
Teach your child how to ask for help

- Here are some steps you may teach your child:
 - **Step 1:** Look for someone who can help
 - **Step 2:** Check if that person has the time to help; if not, look for another suitable person
 - **Step 3:** Share what the problem is and how they feel
 - **Step 4:** Listen carefully to the advice given
 - **Step 5:** Thank the person for the help

Practise with your child how to ask for help. Remember to affirm them for their efforts.

SOME QUESTIONS YOU MAY HAVE...

I'm worried my child won't eat at recess. He'll go hungry!



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Students may enjoy recess so much that they forget to eat. Some students may not be eating because they are shy about ordering food.

Encourage your child to eat during recess

- Let your child practise ordering food and making payment when out with the family
- If they need more time to build their confidence or observe how it is done by other students, you may pack a lunch box in the meantime, so they will always have something to eat
- If you worry that your child is not eating at all, discuss with your child's teacher

Remind your child that eating during recess is important as it helps them with the physical energy to continue focusing and learning in class.

Home – School Partnerships



A strong
partnership to
develop
Women of Grace
and Substance

1. Let them fail and Learn

Prepare them for the test of life, not a life of tests.



2. Let them fall

It is part and parcel of growing up.



3. Let them Forget

If they forget, they forget.



4. Let them be children

A child who can be herself is a happy child.



Our Parents

A supportive and mutually – beneficial relationship

The home and the school represent two of the most critical support systems for our girls.

Having a strong partnership between home and school is associated with many positive student outcomes (academic, behavioral, and emotional well-being).

Likewise, our teachers can do their best work when there is trust in them and the school.



PARENTS GATEWAY RESOURCES



Schools may access the video via:

<https://youtu.be/PCM5o8jAncc>



Schools may access the video via:

<https://youtu.be/tW9jwyuovOo>

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HOME EDUCATION FEATURES TEACHERS' DIGEST MULTIMEDIA FAQ

Home > [Every Parent's Buddy: The Parents Gateway app](#)

Every Parent's Buddy: The Parents Gateway app

23 AUG 2022

5 reasons to sign up for the Parents Gateway app if you haven't done so already.

Related

- [Every Parent's Buddy: The Parents Gateway app](#)
- [Strengthening Community Ties Through Social Media](#)

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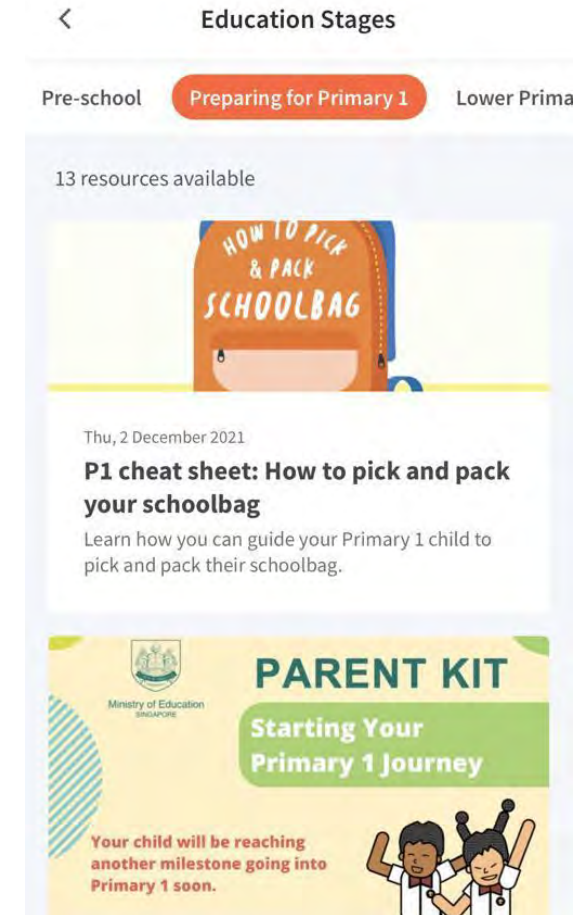
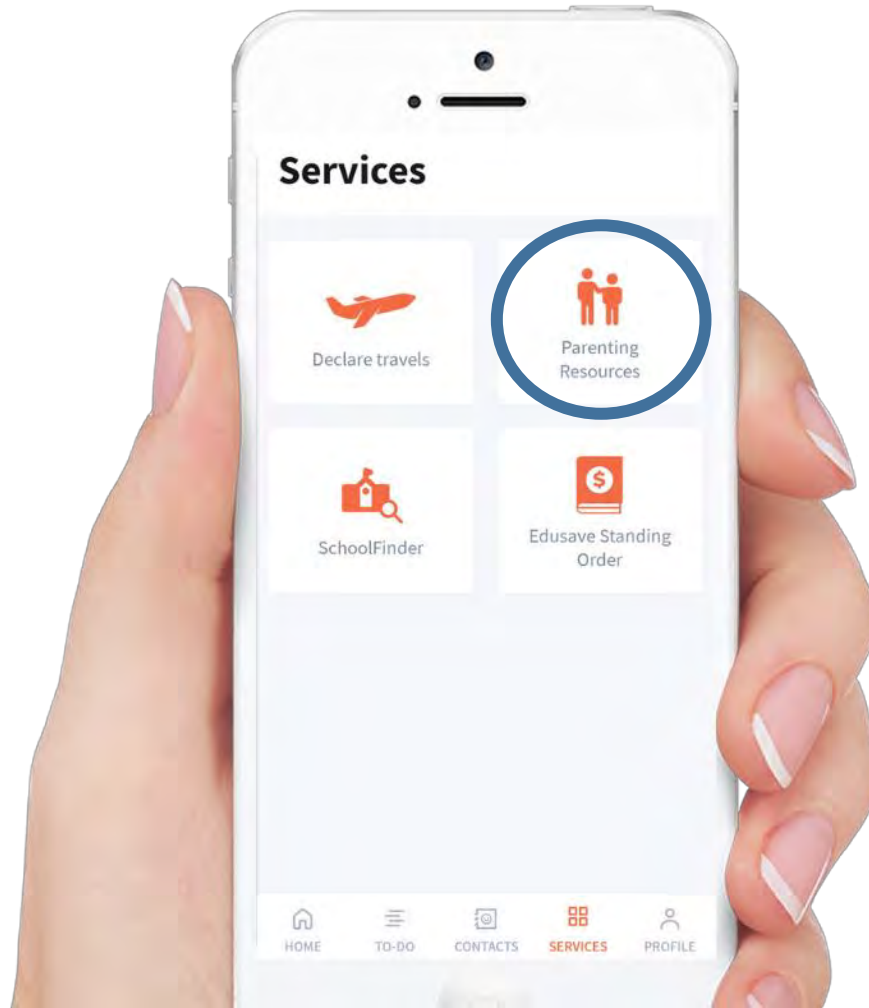
Let's get started
We'll be retrieving your child's information

<https://go.gov.sg/every-parents-buddy-the-parents-gateway-app>

ONLY ON PARENTS GATEWAY! A ONE-STOP PORTAL OF RESOURCES

Parenting Resources repository

A repository for parents to browse resources on topics such as preparing for Primary 1, forging parent-child relationships and education pathways.



Find out more about Parents Gateway here.

WHAT'S AVAILABLE ON THE REPOSITORY?

Supporting your child through the Primary 1 journey



Fri, 23 September 2022

[Preparing for P1 - PDF] Supporting Your Child Through the Primary 1 Journey

Click to download or view this issue on preparing your child for P1.

Find out what your child really needs for Primary 1.

Teach Your Child Social Emotional Skills

BE READY FOR LEARNING

What your child may learn in school



What you can do at home



Mon, 18 October 2021

[PDF] Social skills to prepare your child for Primary 1

Click to download or view this resource to learn how you can help your child learn social skills.

Help develop your child's social and emotional skills by referring to this infographic



Mon, 23 August 2021

Are you over-preparing your child for P1?

Learn how overpreparing your child may hinder learning.

Are you over-preparing your child for primary school?



Wed, 15 December 2021

[NLB] LearnX Reading - Primary

Create fun experiences for your child to discover the joy of reading.

How to cultivate the love for reading? Check out resources from the National Library Board.

WE ARE HERE TO SUPPORT YOU!



Parent Kit

www.moe.gov.sg/parentkit

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.



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Through articles and multimedia content, Schoolbag provide parents and general public with information and insights related to education, tips for parent involvement and features on school programmes.

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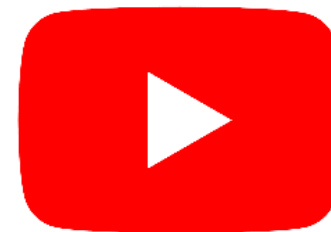
www.instagram.com/moesingapore



www.instagram.com/parentingwith.moesg



www.facebook.com/moesingapore

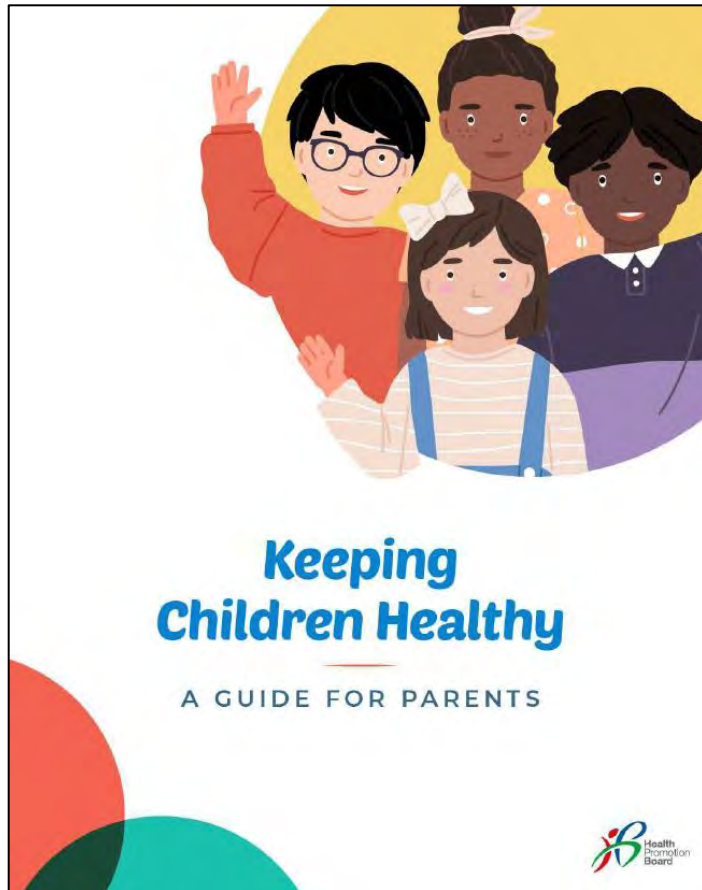


www.youtube.com/moespore

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KEEPING CHILDREN HEALTHY – A GUIDE FOR PARENTS



Is your child transitioning to P1?

Unlike preschool where your child is served meals based on a fixed menu, they will have to start making more independent choices about what they want to eat in primary school.

This transition from being served to choosing for themselves can be daunting for children. Prepare them for it in the following ways:

- a) Talk to your child about 'My Healthy Plate' and highlight the importance of different food groups in our diet. Teach them how to choose a combination of dishes using the 'quarter-quarter-half' method so they learn to incorporate all food groups in their meals.

Here is an example of a meal that is not well-balanced, and a couple that are:



Edition 1



Edition 2



Edition 3

WE ARE HERE TO SUPPORT YOU!

NEW

FAMILY VALUES CARD GAME

Developed by Families for Life, in partnership with the Ministry of Education

- Designed for parent-child bonding and provide opportunities to discuss about family values as a family
- Families can learn how to play the game by scanning the QR code on the game box
- Parents are encouraged to make use of the conversation starters included in the rulebook to engage children in understanding and demonstrating the family values of **love, care and concern, commitment and respect**

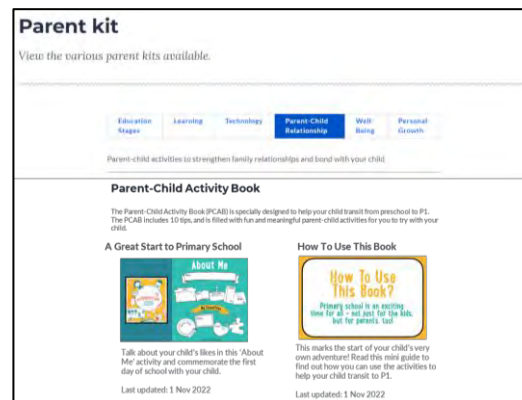


PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

PARENT-CHILD ACTIVITY BOOK (DIGITAL)

10 TIPS FOR PARENTS to help you navigate your child's first year in primary school.

- Chat with your child
- Boost their confidence
- Practise various scenarios
- Create something interesting
- Thank others for their help
- Pledge to do things together



PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

How To Use This Book?

Primary school is an exciting time for all – not just for the kids, but for parents, too!

In this book, you'll find 10 tips for parents – to help you and your child adjust smoothly to primary-school life. Each tip includes activities which you can do together.

As this is an e-version, you may want to download this and print it, and let your child write or draw on paper. If you prefer an environmental-friendly way, screenshot the pages, or download it and use a mobile application for your child to doodle on it.

With your child, pick the activities that you'd like to do. You don't have to do them all!



Use an application and allow your child to doodle on it!

2

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Activities Inside Include:

Pledge

Make promises and keep them



Every child needs encouragement



Show gratitude. It's a great habit.



Make something awesome together



Get familiar with new routines



Keep that conversation flowing

This will be a year of making great memories, together. Have fun learning with your child!

Your adventure begins on the next page.



3

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PARENT-CHILD ACTIVITY BOOK IS AVAILABLE ONLINE!

Great Ideas For A Great Adventure

Paste a sticker after you complete each tip!
Stickers can be downloaded from <https://www.moe.gov.sg/parentkit>

Before school starts!

Tip 1: Get Ready For School
pg 9 - 16
Dec - before school starts!

Tip 2: Practise Routines
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Dec - before school starts!

During term time!

Tip 3: New Places, New Faces
pg 29 - 36
Jan - first week of school!

Tip 4: We Can Do This Together
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Feb - when learning gets more serious!

Tip 5: Show Interest In Your Child
pg 49 - 56
Mar - holidays!

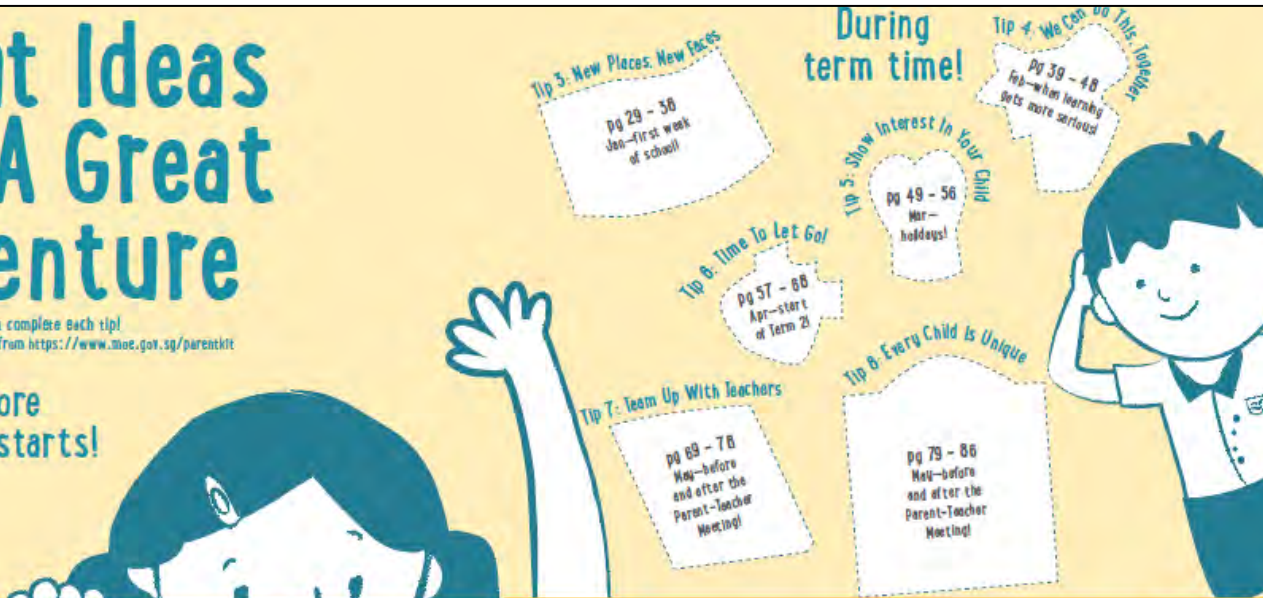
Tip 6: Time To Let Go!
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Apr - start of Term 2!

Tip 7: Team Up With Teachers
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May - before and after the Parent-Teacher Meeting!


Tip 8: Every Child Is Unique
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May - before and after the Parent-Teacher Meeting!

Tip 9: Be A Great Role Model
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Jan - holidays!

Tip 10: Let's Help Out At Home
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Jan - holidays!



TIP 2



Practise Routines

Building good habits helps your child cope with the many new things they will encounter this year.

School is a lot more structured than your child is used to. Lessons are longer and so is the school day. Buying food at recess is a new experience and they will need to go to the washroom on their own. After-school activities and homework might take some getting used to. Practising routines will help your child face the unfamiliar with a smile!

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Thank you!

